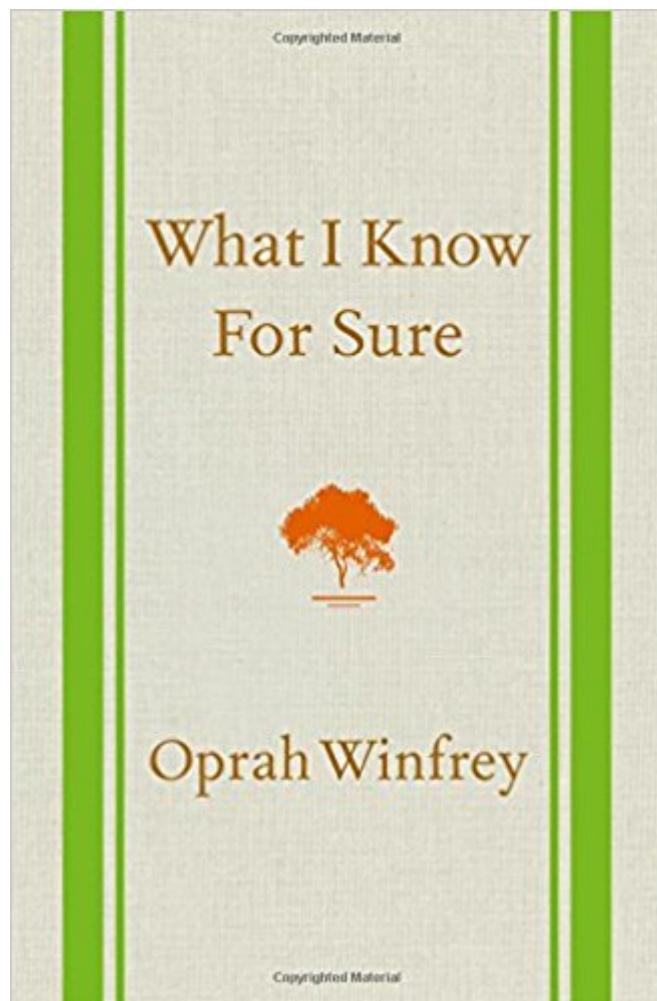


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# What I Know For Sure



## Synopsis

As a creative force, student of the human heart and soul, and champion of living the life you want, Oprah Winfrey stands alone. Over the years, she has made history with a legendary talk show - the highest-rated program of its kind, launched her own television network, become the nation's only African-American billionaire, and been awarded both an honorary degree by Harvard University and the Presidential Medal of Freedom. From all her experiences, she has gleaned life lessons— which, for fourteen years, she's shared in *O, The Oprah Magazine*'s widely popular "What I Know For Sure" column, a monthly source of inspiration and revelation. Now, for the first time, these thoughtful gems have been revised, updated, and collected in *What I Know For Sure*, a beautiful cloth bound book with a ribbon marker, packed with insight and revelation from Oprah Winfrey. Organized by theme—joy, resilience, connection, gratitude, possibility, awe, clarity, and power—these essays offer a rare, powerful and intimate glimpse into the heart and mind of one of the world's most extraordinary women—while providing readers a guide to becoming their best selves. Candid, moving, exhilarating, uplifting, and frequently humorous, the words Oprah shares in *What I Know For Sure* shimmer with the sort of truth that readers will turn to again and again.

## Book Information

Hardcover: 240 pages

Publisher: Flatiron Books (September 2, 2014)

Language: English

ISBN-10: 1250054052

ISBN-13: 978-1250054050

Product Dimensions: 5 x 0.9 x 188.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 908 customer reviews

Best Sellers Rank: #15,158 in Books (See Top 100 in Books) #33 in Books > Biographies & Memoirs > Arts & Literature > Television Performers #331 in Books > Self-Help > Motivational #389 in Books > Religion & Spirituality > New Age & Spirituality

## Customer Reviews

“Winfrey’s warm, familiar voice makes each personal story powerful and entertaining. Her narration adds authenticity to the underlying teachings on the importance of spirit and love.”  
—AudioFile Magazine

Through the power of media, OPRAH WINFREY has created an unparalleled connection with people around the world. As host and supervising producer of the history-making The Oprah Winfrey Show, editorial director of O, The Oprah Magazine, and the CEO of OWN: Oprah Winfrey Network, she has entertained, enlightened, and uplifted millions of viewers for more than twenty-five years. Her accomplishments as a global media leader and philanthropist have established her as one of the most respected and admired public figures today.

Great Book. Great Timing.I just got free from a very long, bad relationship. Packed my stuff and grabbed my dog. Rented a UHaul and headed across the country to start new again. (I am 63yrs). Bought this Audio book to listen to as I drive.I felt all the old yuck stuff leave, and the new stuff flowing in... There is so much inspiration.Perfect book for anyone wanting to find joy and a better look at living.Will listen to it many more times. Sue

What I know for sure -- if you're looking for inspiration, and/or beginning your search to self-actualization pick up this approachable, real, relatable story of Oprah's journey to where she is today. I think I've read it 10 times now! Then, pick up one of Gary Zukov's books, The Seat of the Soul, followed by one of Echart Tolle's book, A New Earth. I think I read them in that order. The messages in each book changed the way I interact and exist in the world -- truly inspirational!

I will recommend this book to everyone in my life. I will purchase this book for all the women in my life. I gave this book review 5 stars because it touched on every major point in my life the very belief I held in my heart that took me to the other side of the challenges this book confirmed my heart was on the right path. At all times-during those situations I looked within for the answers and my heart has never failed to protect me. Oprah inspires me to continue on my path and step it up a notch or more. At 53 I removed myself from a 13 year relationship and struggled with at my age a chance to love again is over. Today is six months since I asked him to leave. I now know without a doubt my life is just getting started. This was the perfect book to read and inspire me to continue on with all that I am. I do know this that we are not here to be loved it is to love others - along the way if love finds us as it will, it's a bonus. I realized when I left the love for myself was greater than that dysfunctional relationship. I wake up each day in wonder and an open heart because that is just who I am and I love every fiber of me. Thank you Oprah for the confirmation that my path is mine to create and if a situation doesn't align with all that I am it's ok to walk away.

1st of all, the cover is very nice. Each day I read a story from the book. Oprah successfully transforms her energy, her positive thinking in all aspects of life & her emotions into the book. There are a lot of small & simple things in life that we don't even notice for a second, they will be uncovered beautifully in this book. This is very beautiful. This is very inspirational. This is very Oprah.

I didn't realize how much I needed to hear this by Oprah. Really enjoyed it. I plan to listen to it over and over again. A lot of wisdom in this series and well worth the money.

What I know for sure is that Oprah wrote a fine book. It's a series of short essays with the theme of what Oprah knows for sure. She sometimes tells how she got there. It's wonderful. I feel better having just read it. It's a pretty book. One made for keeping forever or giving as a gift. After reading just part way I sent a copy to my grown daughters. I hope they love it as much as I do.

I didn't know I needed this book in my life until I found myself crying my eyes out within the first few pages of it. Not because it was extremely powerfully written or dramatic in any sense like you would expect a book to be if it makes you cry. Her words are simple. They're straight to the point and they're honest. Everything she says about loving yourself, about loving others, and about how you should live your life is so genuine and wholeheartedly shared. There isn't really anything I could say that could properly express just how great of a book this is. Read this if you want to be a better human being. Read this if you need clarity and support and guidance, because you will find it here.

This was truly an amazing book. Not only does it allow you to take a peek into Oprah's life but it connects her to you on a more personal level. This book guides you through your own daily joys and struggles while you introspectively examine how you respond. I love many of the quotes and even plan to have some framed. I come away from this book believing I can be better because I am better and to take some time to breath because many times the answers are in the stillness.

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